



ensō yoga

i like it hot !

Studio	Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Time	Studio
B	7:15 · 8:15		ensō hot flow (60)		ensō hot flow (60)					
B	10:00 · 11:00	\$10 ensō hot flow (60)	\$10 ensō hot flow (60)	\$10 ensō hot flow (60)	\$10 ensō hot flow (60)	\$10 ensō hot flow (60)	ensō hot barre (60)	ensō hot barre (60)	10:00 · 11:00	A
							\$10 ensō hot flow (60)	\$10 ensō hot flow (60)	11:00 · 12:00	B
B	12:00 · 1:00	ensō hot lunch (60)	ensō hot lunch (60)	ensō hot lunch (60)	ensō hot lunch (60)	ensō hot lunch (60)	ensō hot flow (75)	ensō hot flow (75)	12:00 · 1:15	A
A	12:15 · 1:15	ensō hot barre (60)	ensō hot pilates (60)	ensō hot barre (60)	ensō hot pilates (60)	ensō hot barre (60)				
A	3:00 · 4:00	\$10 ensō hot flow (60)		\$10 ensō hot flow (60)						
B	4:30 · 5:30	ensō hot flow (60)	ensō hot flow (60)	ensō hot flow (60)	ensō hot flow (60)	ensō hot flow (60)	\$10 ensō hot flow (60)	\$10 ensō hot flow (60)	4:30 · 5:30	A
A	5:30 · 6:45	ensō hot flow (75)	ensō hot flow (75)	ensō hot flow (75)	ensō hot flow (75)	ensō hot flow (75)	ensō hot flow (75)	ensō hot yin (75)	5:30 · 6:45	B
B	6:00 · 7:15	ensō hot flow (75)	ensō hot flow (75)	ensō hot flow (75)	ensō hot flow (75)	ensō hot flow (75)	ensō hot flow (75)	ensō hot flow (75)	6:00 · 7:15	A
A	7:00 · 8:00	ensō hot barre (60)	ensō hot barre (60)	ensō hot pilates (60)	ensō hot barre (60)	ensō hot barre (60)				
B	7:30 · 8:30	ensō hot flow (60)	ensō hot flow (60)	ensō hot yin (60)	ensō hot flow (60)	\$10 ensō hot flow (60)				

* classes and times subject to change without notice